## WeeklyWisdom

Grow the Green for You and Your Team



"I know my life is better when I work from the assumption that everyone is doing the best they can."

--Brené Brown

## <u>Assume Positive Intent</u>

When we assume positive intent, we trust that someone is doing the best they can and that they have good intentions.

This simple act leads to happier people and teams.

Assuming positive intent creates a sense of psychological safety, enhances trust, and can improve relationships.

Try approaching conversations with this mindset!